

Grace Haven Assisted Living and Memory Care

May 2026

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3</p> <p>10:30 Church Service and Songs (MC) 1:00 Vacuum (MC) 2:30 Church Group Singing and Chat (MD) 5:30 Indoor Walking Club (H)</p>	<p>4</p> <p>10:30 Craft: Grace's Galactic Artwork (CD) 1:15 May the 4th Be with You Bingo (MD) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 Star Wars Movie (MC)</p>	<p>5</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean 12:00 Cinco De Mayo Lunch 1:00 Lunch Clean Up 7:00 St. Johns Community Band Perform (MD)</p>	<p>6</p> <p>10:00 Denise and Ruby 11:00 Sit and Stretch (MC) 1:00 Dishes (MC) 3:15 Music with Wendy (MC) 6:00 Happy Hour: May Flowers Drinks (L)</p>	<p>7</p> <p>10:30 Men's Group: Burrito's and Bros Time (CD) 1:15 Craft: Cards for Care Staff (PD) 2:00 Closet Organize (MC) 3:30 Exercise (MD) 5:45 Aromatherapy (MC)</p>	<p>Nevaeh's Birthday 8</p> <p>10:30 Erica and Lacey 11:15 Military Spouse Social and Clean Up 1:15 Mother's Day Bingo 4:00 Music with Marty (MC) 5:30 Mother's Day Tea Party Dinner Event</p>	<p>9</p> <p>10:30 Golden Zumba Exercise (MC) 1:15 Mother's Day Facts and Fun (P) 2:30 Crosswords and Cocktails Pass Out (L) 5:45 Chicken Soup Story</p>
<p>Mother's Day 10</p> <p>10:30 Church Service and Songs (MC) 11:15 Rise and Shine Exercise Group (MC) 1:15 Owosso Airport Information Talk (L) 5:45 After Dinner Clean Up</p>	<p>11</p> <p>8:00 Care Staff Breakfast Bash 1:15 Bingo (MD) 2:00 Sweeping (MC) 3:30 Exercise (MD) 5:45 Warming Words and Warm Drinks (MC)</p>	<p>12</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean 3:00 Zumba with Margie and Pick Up (MD) 5:30 Meditation Exercise and Calm Sounds (MC)</p>	<p>13</p> <p>10:30 Haden's Safety Seminar (L) 11:00 Piano Music with Doug (MC) 1:00 Manicures and Vacuum 3:15 Simple Stretches (MC) 6:00 Happy Hour: Voting (L)</p>	<p>14</p> <p>10:30 Dirty Floats Cart 1:00 Resident Activity Meeting (PD) 2:00 Kitchen Clean Up (MC) 3:30 Exercise (MD) 5:30 Meditation Exercise and Calm Sounds (MC)</p>	<p>15</p> <p>10:30 Celebration of Life Ceremony (L) 1:15 Bingo (MD) 3:30 Bird Watching and Outdoor Clean Up (O) 5:45 Resistance Band Exercise (MC)</p>	<p>Armed Forces Day 16</p> <p>10:30 May Humor, Comedy, and Lemonade (P) 1:15 Veteran's Dessert and Dishing Social (PD) 3:30 Balloon Badminton and Set Back Up (MC) 5:45 Euchre Games (CD)</p>
<p>17</p> <p>10:30 Church Service and Songs (MC) 1:00 Sunscreen Try and Testing and Clean (O) 2:00 Meditation Exercise (MC) 5:45 Amazing Race Chat</p>	<p>Mabel's Birthday 18</p> <p>10:30 Craft: Memorial Day (PD) 1:15 Bingo (MD) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 Oil and Massage Allergy Relief (MC)</p>	<p>19</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:00 Dishes (MC) 3:30 Pool Noodle Volley Ball 5:30 Affirmations (MC)</p>	<p>20</p> <p>10:00 Jen and Frankie 10:45 Grub and Groove Chair Zumba Luncheon Outing 2:30 Manicures (MC) 3:00 Dinner Set Up (MC) 6:00 Happy Hour: Healthy (L)</p>	<p>Ken's Birthday 21</p> <p>10:30 Culinary Showcase with Chef Jenelle (CD) 11:00 Planting Garden (O) 2:00 Table Set Up (MC) 3:30 Exercise (MD) 5:45 Stress Awareness Management (MC)</p>	<p>22</p> <p>11:30 Music with Tess (MC) 1:15 All Kinds of Beer Bingo and Pick Up (MD) 3:00 Groovin' Grace Haven Zumba (PD) 5:00 Memorial Day Family Cook Out</p>	<p>23</p> <p>10:30 Exercise From the 50's and 60's (MC) 11:15 H2O Mobile Cart 1:30 Suzanne Dog Therapy 2:00 Sweeping (MC) 5:45 Relaxing Drinks and Hand Massages (MC)</p>
<p>24</p> <p>10:30 Church Service and Songs (MC) 1:30 Traci and Family Visit (MD) 3:30 Marching Exercise (MC) 5:45 Meditation and Clean Up (MC)</p>	<p>Memorial Day 25</p> <p>10:30 Lemonade Taste Testing Patio Time (P) 1:15 Memorial Day Bingo (MD) 2:00 Vacuum (MC) 3:30 Exercise (MD) 5:45 Lemonade Mobile Cart</p>	<p>26</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie and Put Back 5:30 Amazing Race Chat</p>	<p>27</p> <p>11:00 Piano Music with Doug and Put Back (MC) 12:00 Birthday Party Lunch 1:00 Resident Council (PD) 2:30 Silver Sneakers (MD) 6:00 Happy Hour: Life Enrichment (L)</p>	<p>28</p> <p>10:00 Food Committee and Feedback Mobile Cart 1:15 Bingo (MD) 2:00 Closet Clean Up (MC) 3:30 Exercise (MD) 5:45 Stress Less Ball Exercise (MC)</p>	<p>Dave's Birthday 29</p> <p>10:30 Erica and Lacey Therapy 1:15 Bingo and Pick Up (MD) 2:45 Spad's Twisters Ice Cream Outing 5:45 After Dinner Meditation (MC)</p>	<p>30</p> <p>10:30 Don't Burst My Bubble Game (MD) 1:15 Chair Synchronized Swimming (MC) 5:45 Essential Oils, Relaxation Exercise, and Clean Up (MC)</p>
<p>31</p> <p>10:30 Church Service and Songs (MC) 1:15 Cardio Drumming (MC) 2:00 Popsicles on the Patio and Wipe Down 5:45 Piano and Peaceful Melody (MC)</p>						

Calendar Key:

- MD – Main Dining**
- MC – Memory Care**
- PD – Private Dining**

CD – Cooking Room

- L – Lobby**
- P - Patio**
- O - Outside**

B- Beauty Salon

H- Hall

**Breakfast:
8:00am**

**Lunch:
12:00pm**

**Dinner:
5:00pm**

