

Independence Village of Waukee

Independent Living | Assisted Living

May 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31</p> <p>1:30 Rummikub FR 2:00 Craft: Wine Cork Board ALAR</p>					<p>1</p> <p>May Day Basket Delivery @ Your Door 10:00 Live 2B Healthy CR 10:30 Hyvee Online Assistance FR 11:00 Parkinson's Ex 1:30 Care Package Packing for Waukee Firefighters CR 3:00 Front Porch Friday Bag Toss (North Driveway)</p>	<p>2</p> <p>10:45 Tai Chi CR 3:00 Lutheran Church of Hope CR</p>
<p>3</p> <p>9:00 Heartland Presbyterian Church Service CR 1:30 Rummikub FR 2:00 Craft: Butterfly Rainbow Arch ALAR</p>	<p>4</p> <p>9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 1:30 Live Music: Neil Hewitt CR 3:00 **Waukee Firefighter Care Package Delivery 3:30 Wii Bowl Team A EX 6:30 Dominoes VG <i>Wellness Appreciation Week</i></p>	<p>Cinco De Mayo 5</p> <p>9:00 **Bus Trip to Walmart** 10:00 Get Active ALDR 1:30 Staff Salsa Competition: You Be the Judge! CR 3:00 Frozen Margarita Bar (NA Available) TC 3:45 Wii Bowl Team B EX</p>	<p>National Nurses Day 6</p> <p>10:00 Cardio Drumming CR 11:45 **Ladies Lunch Bunch: Top Golf 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR</p>	<p>7</p> <p>9:30 Book Club FR 10:00 Get Fit w/ Powerback ALDR 10:45 BINGO ALAR 1:30 Bible Study Interest Meet-Up FR 3:00 Happy Hour: May Flowers CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG</p>	<p>8</p> <p>10:00 Live 2B Healthy CR 10:30 Hyvee Online Assistance FR 11:00 Parkinson's Ex 1:30 Live Music: Tom Hofer CR 3:00 Garnetta's 104th Birthday Celebration CR 6:30 Ticketless Travel: St. Petersburg/Moscow CR</p>	<p>9</p> <p>10:00 Muffins and MOMosas TC 10:45 Tai Chi CR 1:30 Group Bible Study CR</p>
<p>Mother's Day 10</p> <p>10:00 St Boniface Communion CR 1:30 Rummikub FR</p>	<p>11</p> <p>10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 1:30 AL Resident Forum ALAR 2:00 Taste the Movie: Steel Magnolias CR 3:30 Wii Bowl Team A EX 6:30 Dominoes VG 6:30 Live Music: Jim Quales CR</p>	<p>12</p> <p>9:00 **Bus Trip to Fareway** 10:00 Get Active Austin ALDR 10:45 Therapet Visit: Sydney (Dog) 1:30 Library in the Lobby TC 3:00 Speedfriending BINGO CR 3:45 Wii Bowl Team B EX 6:30 Movie Tuesday: The Paper Chase CR</p>	<p>13</p> <p>10:00 Cardio Drumming CR 11:45 **Mens Lunch Bunch: Top Golf 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR</p>	<p>14</p> <p>10:00 Get Fit w/ Powerback ALDR 10:45 BINGO ALAR 1:30 Left Right Center 3:00 Trivia Happy Hour: Living Like Royalty CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG</p>	<p>15</p> <p>10:00 Live 2B Healthy CR 10:30 Hyvee Online Assistance FR 11:00 Parkinson's Exercise CR 1:30 Parkinsons Support Group EX 1:30 *Shopping Trip to Von Maur* 3:30 Wii Bowl: OPEN GR</p>	<p>16</p> <p>10:45 Tai Chi CR 3:00 Lutheran Church of Hope CR</p>
<p>17</p> <p>1:30 Rummikub FR 2:00 Craft: Tie Dye Canvas Bag ALAR</p>	<p>18</p> <p>10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 1:30 IL Resident Forum CR 3:00 Left Right Center CR 3:30 Wii Bowl Team A EX 6:30 Dominoes VG</p>	<p>19</p> <p>9:00 **Bus Trip to Trader Joes** 10:00 Get Active ALDR 2:00 Spring Fragrance with Austin 3:30 Wii Bowl Team B EX 7:00 Monthly American Legion (Post 737) Meeting CR</p>	<p>20</p> <p>10:00 Cardio Drumming CR 10:30 **CUBS Outing 2:00 St. Boniface Mass CR 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR</p>	<p>21</p> <p>10:00 Get Fit w/ Powerback ALDR 10:45 BINGO ALAR 3:00 Happy Hour: Thirsty Thursday 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Live Music: Junction Jazz Society CR</p>	<p>BiAnnual Event 22</p> <p>10:00 Live 2B Healthy CR 10:30 Hy-Vee Online Assistance FR 11:00 Parkinson's Exercise CR 12-2:30 Living Like Royalty: Millionaire for a Day TC 6:30 Ticketless Travel: Brazil CR</p>	<p>23</p> <p>10:45 Tai Chi CR 1:30 Group Bible Study CR 3:00 Price is Right: Grocery Edition CR</p>
<p>24</p> <p>10:00 St Boniface Communion CR 1:30 Rummikub FR</p>	<p>Memorial Day 25</p> <p>9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 12:00 Memorial Day BBQ TC 3:30 Wii Bowl Team A EX 6:30 Dominoes VG</p>	<p>26</p> <p>9:00 **Bus Trip to HyVee** 10:00 Get Active ALDR 1:30 Live Music: David Ambrosion CR 3:00 Wheelchair and Walker Wash ((North Driveway) (Powerback) 3:45 Wii Bowl Team B EX 6:30 Movie Tuesday: Stalag 17 CR</p>	<p>27</p> <p>10:00 Cardio Drumming CR 1:30 Health Education Series w Shannon: Mental Health and Emotional Well Being CR 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR</p>	<p>28</p> <p>10:00 Get Fit w/ Powerback ALDR 10:45 BINGO ALAR 1:30 The Great Puzzle Race TC 3:00 Happy Hour: Birthday and New Resident Welcome CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Beaver Creek Band CR</p>	<p>29</p> <p>9:00 **Coffee Crawl: CoffeeSmith 10:00 Live 2B Healthy CR 10:30 Hy-Vee Online Assistance FR 11:00 Parkinson's Exercise CR 1:00 AL Resident Council ALDR 3:00</p>	<p>30</p> <p>10:45 Tai Chi CR 3:00 Rainbow Scratch Art ALAR</p>

Calendar Key:
 ALAR - Assisted Living Activity Room
 ALLR - Assisted Living Living Room
 ALDR - Assisted Living Dining Room
 CR - Community Room
 EX - Exercise Room
 FR - Family Room
 GR - Game Room
 ILDR - Independent Living Dining Room
 TC - Town Center
 TH- Theater

Independence Village SENIOR LIVING