

**Ludington Woods**

Assisted Living

# May 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:30 Bingo (DR) <b>1</b> 2:00 Kentucky Derby Horse Race (DR) 3:00 Resistance Bands Exercise / Walking Group 6:00 Shut The Box Game (L)	<b>2</b> Creativity Cart (L) 6:00 Saturday Cinema (L)
<b>3</b> 1:15 Scottville Fellowship (MC) 6:00 Adult Coloring (L)	<b>4</b> 10:00 Make it Monday (L) 1:00 Bring & Brag (L) Make it Monday (L) 2:00 Cookies, Coffee & Conversation -Advisa Care (DR) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	<b>Cinco De Mayo 5</b> 10:15 Mrs.Kirby's Reading Group (DR) 1:30 Cinco De Mayo & Mobile Cart (DR) 3:00 Sit & Fit / Walking Group 6:00 UNO (L)	<b>6</b> 10:00 Outing: Lowe's (flower shopping) 1:30 Hyacinth Painting (DR) 3:00 Wednesday Workout/ Walking Group 6:00 Puzzle Pals (L)	<b>7</b> 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:00 Men's Group (DR) 3:00 Music & Movement (L) 6:00 Fishing Balls Game (L)	<b>Mothers Day Tea 8</b> 10:00 Veterans Coffee & Chat (L) 10:00 Card Making Workshop w/ Tammy (MC) 2:00 Mother's Day Tea (DR) 6:00 Skip-Bo (L)	<b>9</b> 11:00 Chair Dancing/ Walking Group 1:30 Create a Fairy Garden (DR) 6:00 Saturday Cinema (L)
<b>Happy Mother's Day 10</b> 11:30 Walking Group 1:00 Prayer & Praise Church (MC) 2:00 Pamper & Polish (DR) 3:00 Walking Group 6:00 Adult Coloring (L)	<b>11</b> 10:30 Music w/ Kevin (MC) 1:00 Dart Board Game (L) 2:00 Cookies, Coffee & Conversation 3:00 Seated Ball Exercise / Walking Group (MC) 6:00 Bingo (DR)	<b>12</b> 10:30 Outing: House of Flavors Restaurant 1:30 Spring Decoupage (DR) 3:00 Sit & Fit / Walking Group 6:00 UNO	<b>Ice Cream Social 13</b> 10:00 Bingo (DR) 1:30 Stars, Stripes & Sweet Scoops w/ Elara Craing 3:00 Walking Group 3:30 Resident Council (L) 6:00 Puzzle Pals (L)	<b>The Spoon Man 14</b> 10:00 The Spoon Man ! (MC) 1:00 Mike's Game Time (DR) 2:00 Card Group (DR) 3:30 Music & Movement (L) 6:00 Butterfly Craft (L)	<b>15</b> 10:00 HarborFit Studio-Educational - (MC) 1:00 Walking Group 2:00 "Float" Friday- Porch Chat 3:00 Resistance Bands Exercise (MC) 6:00 Spring Crossword & Wordsearch (L)	<b>16</b> 10:30 Shaw Family Sing along (MC) 1:30 Betty's Coffee & Chat (DR) 2:30 Walking Group 6:00 Saturday Cinema (L)
<b>17</b> 1:00 Hymns w/ Charlie (Mc) 6:00 Adult Coloring (L)	<b>18</b> 10:30 Hymns w/ Adrian (MC) 1:00 Egg Box Pong (DR) 2:00 Cookies, Coffee & Conversation - Heartland Services (DR) 3:00 Seated Ball Exercises (MC) 6:00 Bingo (DR)	<b>19</b> 10:00 Trinity Church Bible Study (MC) 10:30 Outing: Lunch at Scottville Senior Center & Give Back 3:00 Sit & Fit / Walking Group 6:00 UNO (L)	<b>Birthday Party 20</b> 10:00 Bingo (DR) 1:30 Monthly Birthday Party (DR) 3:00 Best Paws Forward Pet Therapy 6:00 Puzzle Pals (L)	<b>21</b> 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:30 Music w/Charlie & Sue (MC) 3:30 Music & Movement/ Walking Group 6:00 Pairs Card Game (DR)	<b>22</b> 11:00 Walking Group 2:00 Bingo w/ Kathy (DR) 6:00 Dominoies (L)	<b>23</b> 11:00 Chair Dancing/ Walking Group (L) 1:30 Outdoor Hicking 6:00 Saturday Cinema (L)
<b>24</b> 11:30 Walking Group 1:30 Pamper & Polish (L) 3:30 May Word Search (DR) 6:00 Adult Coloring (L)	<b>Memorial Day 25</b> 10:00 Bingo (DR) 12:00 BBQ Lunch 1:30 Erv's 101 Birthday ! 2:00 Seated Ball Exercise (BH)	<b>26</b> 10:00 11:00 Waterfront Park Picnic 1:30 Welcome New Residents Social (DR) 3:00 Sit & Fit / Walking Group 6:00 UNO (L)	<b>27</b> 10:00 Bingo (DR) 1:00 2:30 Bella Floral Flower Arranging (DR) 3:00 Fun w/Fitness / Walking Group 6:00 Puzzle Pals (L)	<b>28</b> 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:00 Men's Group (DR) 3:00 Music & Movement/ Walking Group 6:00 Nature Suncatcher (L)	<b>29</b> 10:30 Bingo (DR) 2:00 Bingo w/Kathy (DR) 3:00 Resistance Bands / Walking Group (MC) 6:00 Connect Four (L)	<b>30</b> 11:00 Weight Exercise (L) 1:30 Bridging Memories Traving Trivia (L) 6:00 Saturday Cinema (L)

Creativity cart is available in the Library.

**Calendar Key:**  
DR- Dining Room  
L- Library  
MC- Memory Care

**Catholic Communion every Thursday at 10:00 (L) Daily Walks (weather permitting)**

**Public Welcome! Veterans Coffee & Chat May 8<sup>th</sup> (L) 10:00 a.m. - 11:00 a.m.**

**Happy Birthday! Marie - May 23<sup>rd</sup> Erv-101! May 25<sup>th</sup>**